

The Bullet

Since 1922



See page 6 for
a review of
'The Violet
Hour.'

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Brick by Brick, Eagle Village Climbs, Adding One Floor Every Three Weeks



Construction of Phase I of Eagle Village across Route 1.



Photos by Marie Sicola/ Bullet



By DAVID TINDELL
Staff Writer

Eagle Village apartments are showing visible progress since Phase I construction began in February 2009.

Between February and August 2009, a total of 78,000 square feet (1.8 acres) of the former Park-N-Shop retail space was demolished to make way for the 569,000 bricks that will be included in UMW's Eagle Village. For students, Eagle Village has been a two-year

promise for new housing opportunities.

"We definitely need more apartments," junior Elizabeth Emmel said.

The UMW Foundation, a non-profit organization tax-exempted for educational purposes, is funding Eagle Village. The UMW Foundation began planning construction of Phase I in March 2009, according to the UMW website.

Since then, concrete foundation has been poured for mixed-building use

and construction of the north and south towers are underway. Student housing stairwells and elevator shafts are nearing completion, and underground plumbing and conduit are being prepared.

"They have built a floor every 21 days, and seem to be meeting that goal," Chris Porter, director of Residence Life, said. "Their speed is surprising."

Eagle Village will cover 454,456

square feet (10.4 acres) of residential and mixed-use space. It will include 760,000 square feet of drywall and 654 new data outlets on a fiber optic network.

Additionally, Eagle Village supports 318 water-saving toilets; four elevators; two trash compactors; and two recycling compactors.

In outward appearance, the UMW Foundation said that Eagle Village will

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Unmarked Cars on Patrol in Parking Lots

By SARAH SANDERS
Staff Writer

Out of concern for the safety of students, UMW has decided to increase the number of campus security guards on duty during the evening hours.

With the limited number of on-campus parking spots as a result of the construction projects on campus, students

have been forced to park their vehicles off-campus, resulting in longer distances for students to walk both during daylight and evening hours.

"We received several comments regarding the level of safety students feel from this situation," Executive Director of Police and Security Services Mark Sandor said. "We take comments and concerns from students very seriously."

As a result of the concerns raised,

the campus security services re-evaluated their current security plan and decided to add additional security guards to the Sunken Road and Battlefield parking areas in addition to the guards currently stationed at the parking deck.

"There will still be two guards at the parking deck," Sandor said. "There will be guards on patrol there [parking deck], along Sunken Road [near the parking deck] and the Battlefield area

from 8 p.m. to 4 a.m."

These hours will be in effect during the course of the entire school year, with the exception of winter break.

"While I think the parking situation is very inconvenient, it's not like I really ever don't feel safe," sophomore Teresa Yao said.

The Allied Barton Security Services company of Richmond provides security guards for the campus. While it

may patrol the campus, the company is independent of UMW and is responsible for hiring and scheduling the guards that are to be patrolling the areas. This outside contract has resulted in a lack of official vehicles for security guards to use during their patrol.

"Security guards will be both on foot and in their personal vehicles for

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'Endangered' Clubs Warned by OSACS

By SARA MARRON
Staff Writer

Fliers posted around campus warn some clubs that they are "endangered of becoming extinct" because they have failed to reregister this year with the Office of Student Activities and Community Service.

Each year that a club or organization wishes to hold meetings, policy requires that they register with the Office of Student Activities and Community Service (OSACS) in order to be recognized by the Inter-Club Association, according to the Student Organization Policy Handbook. Clubs recognized by the Inter-Club Association are allowed web space and entitled to an email account.

Currently the following clubs have not reregistered and will be discontinued unless the proper forms are filled out and submitted to OSACS: Animal Rights Club, Atheist, Agnostics, Freethinkers, and Friends, Breakers, E Pluribus Unum-Political Awareness Club, Economic Development Club, Fashion International, Free-Styling



The Stuger family came to visit their daughter, sophomore Tayler Stuger (Fourth from left), for Family Weekend on the weekend of Sept. 25.



Jessica Masulli and Eric Steigleder/ Bullet

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Police Beat

By JESSICA MASULLI
Staff Writer

Sept. 17- At 2 p.m., police saw a suspicious male at the College of Graduate and Professional Studies. The 21-year-old male was with a car that had no gas in it. Police started to check his license and registration. He then ran from the police. The Stafford County Sheriff Office came to assist UMW police. They caught the male and he was arrested for resisting arrest. The male was not the registered owner of the vehicle.

Sept. 18- It was reported that on Sept. 10 between 10 a.m. and 11 a.m. a student's pink and silver Samsung Behold cell phone was missing from Melchers Hall. The estimated value was \$300. There are no suspects at this time.

Sept. 21- Between 2:30 p.m. and 5:15 p.m., there was a hit-and-run on the fourth level of the parking deck. There was a dent in a student's car that was found upon the student's return to the deck. The damage was well under \$1,000 so it was not reported as a vehicle accident. There are no suspects at this time.

Sept. 22- At 10:11 p.m., graffiti was

found in an elevator in Russell Hall. The graffiti was a smiley face and it said "Mr. Bill". There are no suspects at this time because the graffiti might have been in the elevator for a long time.

Sept. 23- Between 2 p.m. and 2:22 p.m., a UMW student employee left her purse in an office in Trinkle Hall and it was stolen. At 3:40 p.m., the purse was found on a bench in front of George Washington Hall. When it was found, \$150 was gone. There is one suspect. A six-foot-tall black male between 22 and 30 years of age was seen twice near Trinkle and George Washington Hall. He is thin with a medium complexion and has short hair.

Sept. 23- Three males on campus walk were saying lewd remarks to students on campus. Two of the non-UMW students were 19 years old, and the other non-UMW student was 21 years old. They were all given trespass warnings.

Sept. 25- On Sept. 24 between 6 p.m. and 6:30 p.m., there were two small holes and a dent found on a student's



Oldsmobile car in the Alvey Hall parking lot. The estimated cost of damage is \$2,500.

Sept. 25- At 3:22 a.m., a 24-year-old female was found by housekeeping staff sleeping in a van in the Chandler Hall parking lot. She did not go to UMW and was given a trespass warning.

Sept. 26- At 2:16 a.m., an officer on patrol observed a suspicious situation on Sunken Road and Hanover Street. A male that does not go to UMW was drunk. He was arrested for public intoxication.

Sept. 27- At 10:30 a.m., it was reported to UMW police by a third party that a sexual assault had occurred. Both parties involved knew each other. Police found the victim, but she refused to press charges.

Sept. 28- On Sept. 26 between 4:15 a.m. and 5 a.m., a possible sexual assault occurred in Westmoreland Hall. The victim does not wish to be press charges. Police are still investigating the situation.

This information was compiled with help from Executive Director of Police and Security Services Mark Sandor.

First Senate Meeting Pushes Communication

By ERIC STEIGLEDER
Staff Writer

The Mary Washington Student Senate convened for its first meeting of the semester on Sept. 9. Presided over by SGA Vice President Hassan Abdelhalim, this Senate meeting allowed both senior and newly-elected senators to familiarize themselves with parliamentary procedures, committees, and legislative expectations.

In Mary Washington student government, the Senate is comprised of directly elected student representatives. Senators propose various forms of legislation in the form of motions, which are then sent to the Executive Cabinet for approval.

With such a pivotal role in campus policy, Abdelhalim readily emphasized

the importance of senatorial involvement in the political process.

Vice President of Student Affairs Douglas Searcy, Dean of Student Life Cedric Rucker, and SGA President Sam Miller were in attendance.

Ashley Duvall, the Student Senate Parliamentarian, called the meeting to order, followed by a short introductory speech by Abdelhalim.

"It's important to get out there as senators," Abdelhalim said. "We have a chance to leave a long lasting legacy."

Searcy and Rucker, representing the UMW administration, also spoke. Searcy emphasized the necessity for strong student leaders on campus. He also stressed the importance of debate and discussion as a student senator.

"Watch out for those opportunities to endorse the status quo," Searcy said. "If there's not uncomfortable conversation

going on in this room, then you aren't doing your job."

Searcy also challenged the 39 student senators to hold the university and the student community to a higher standard.

"Raise the bar. Raise the bar for this institution," Searcy said. "We won't move unless you take us there."

Rucker expressed his respect for Student Senate, citing the legislature's effective policy initiatives.

"One of the things I take great privilege in is being directly involved in Senate," Rucker said. "You're an effective body."

However, Rucker also urged the senators to reach out and listen to their diverse constituency.

"It's important to not, as Senators, represent yourselves," He said. "You represent 4,200 other individuals, and

those are the voices you need to bring to this chamber. Connect with them."

SGA President Sam Miller expressed her admiration for Student Senator, a member of the body for three years prior to last semester's presidential election.

She emphasized her goals of communication and representation.

"Go out and find things that can be improved upon," Miller urged the room. "Your role will benefit the school."

Senior James Martin expressed excitement at the prospect of a busy legislative year in Senate. Martin was a member of Senate during his freshman year, but was appointed to the Executive Cabinet his sophomore year, and ran for president of the Honor Council last year.

"It's the biggest Senate I've seen in

my four years on campus," Martin said. "The administration's availability is unprecedented."

Senior Cara MacDonald, beginning her third year in senate, echoed Martin's sentiments, but erred on the side of caution.

According to MacDonald, her first year was plagued with road blocks and an unwillingness to challenge the administration. However, she has noticed a positive change in Student Senate over the past year.

"Last year there were many positive changes to the student senate," MacDonald said. "My hope this year is that this trend will continue. Although I'm often cynical about the willingness of the administration to listen to the student's concerns, I remain positive that the student senators will be able to accomplish some of their goals this year."

Eagle Village Apartments Could House 624 Upperclassmen When Completed

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maintain UMW's Jeffersonian brick and column architecture. On the inside Eagle Village apartments offer more

than most current residential buildings.

The two 5-story buildings will hold 624 students and will be constructed in a 'U' shape. The building itself will be fronted by a two-story rotunda and a garden matched with cafe tables and

small fountains.

Two rooms will be equipped with a bathroom, and will share a full kitchen, complete with an eat-in bar and ceramic stove tops.

Other amenities include the laundry

rooms on every floor, meeting rooms, a social area on top of a rotunda, a 24-hour concierge desk and a resident manager.

Chris Porter

also mentions

other benefits of

living in the

Village Apartments:

a 12-month lease, a

gated car garage

only for Village

residents and air

conditioning.

Students will

have free access to

fireplaces, a

big screen TV's,

pool tables and wireless

internet through-

out the area. How-

ever, there are still

a few aspects of

though this timeline is very strict, the UMW Foundation has prepared alternate scenarios with plans for Phase II to begin in the near future, though construction may be years off.

"February is known as the 'Drop Dead' date," Porter said. "They have to tell me if it is a no-go or not. If it is a no-go, it will be just like normal housing selection. If it is a go, then we will begin to sign students up."

"If it is a go, but something terrible happens, [if] it snows every day...a back-up plan will hinge on forgoing the Randolph/Mason renovations," Porter added.



Construction for the rotunda at Eagle Village Apartments is on schedule.

Marie Scolca/Bullet

Go to umwbullet.com to read more about changes at UMW and the Steering Committee's plan for the next five to eight years.



Jessica Masulli and Eric Steigleider/Bullet
The guard station near the Sunken Road parking lot.

Guards on Duty In Parking Lots

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the immediate future," Sandor said.

Campus security services are working with Allied Barton to have the vehicles identified in some way so students are able to distinguish these vehicles from personal vehicles.

While the vehicles may not be discernable, Sandor said students can identify Allied guards by the shoulder patches worn by all security guards. Another characteristic Sandor said is a uniform that will be worn by the guards, consisting of a light blue shirt and dark blue pants.

"Since they've added more guards, I have rarely seen them," sophomore Tricia Elliott said. "If they want to put them there, that's cool, I just haven't seen a big difference."

While it is intended for the presence of these security guards to make students feel safer in the evening hours, campus security services still advises students who are uncomfortable with walking back to their dorms in the dark to call UMW Escort System.

Although the system appears to be working well according to security services, they have yet to receive any official feedback.

"Our goal is to be somewhat transparent. We want to enhance the community...we don't want to make it feel like Big Brother is watching

all the time...we just want a safe environment for our students," Sandor said.

Due to budget cuts, it is uncertain whether the additional security service will continue when construction is done.

"We will re-evaluate the situation at the end of the year," Sandor said. "We will definitely be continuing with the parking deck, but will have to see what the situation looks like after renovations and construction has been finished on campus."

Viewpoints

Polanski Did the Crime and Should Do the Time

Since Roman Polanski's arrest in Zurich on Sunday, people have come out in force to defend a man who raped a 13-year-old girl.

We'll say that again: people have come out to defend a man who raped a 13-year-old girl.

Polanski, who directed a famous version of "Romeo and Juliet" as well as

"Rosemary's Baby," even pled guilty to the act in Los Angeles in 1977. Then he fled to France where, like most fugitives, he lived a life of luxury as an acclaimed and rich director.

Not only was Polanski able to stay on the lam for 32 years, he kept directing and making money and enjoying acclaim as if he weren't a convicted sex offender. If he had been a garbage truck driver who tried to flee the country after pleading guilty to drugging and raping a young girl, he'd have been whisked back to serve his sentence almost before the plane landed.

Authorities in France, where Polanski now holds citizenship, said they were shocked that Polanski had been arrested. In an article in the *New York Times*, the French foreign minister expressed the desire of the French authorities that "...the rights of Mr. Polanski be fully respected and that this affair rapidly find a favorable resolution."

Yes, his right to remain silent will be respected. His right to be represented by an attorney in a court of law will be respected. His right to a

trial by a jury of his peers will be respected. Other than that, he's on his own. As far as any other rights go, it's safe to say 32 years of prosperous freedom in France and Switzerland will probably suffice.

The girl Polanski raped, who is now a 40-year-old woman, has said she

doesn't wish any punishment for Mr. Polanski and that she's over the ordeal.

That's nice, but does it relieve Mr. Polanski of responsibility for the crime? No. He was convicted of a horrible crime by a plea deal he agreed to. That means he should have gone to jail. If he didn't like the deal, he should have either stood trial in front of a jury, or, better yet, not raped anyone in the first place.

Just because Roman Polanski can afford a decent lawyer and a plane ticket to Europe doesn't mean he should get away with rape. That our jails are clogged with poor people doing time for minor drug offenses while a Hollywood director gets away with rape shows an unacceptable double-standard in American justice.

The point that the case is now more than 30 years old shouldn't make a difference. The fact remains: Roman Polanski is a rapist who was on the loose since the seventies, and it's time he gets put away for good.

Staff Editorial

Just because Roman Polanski can afford a decent lawyer and a plane ticket to Europe doesn't mean he should get away with rape.

Health Care Debate Requires Rational Thought, Not Riots

BY BREEANNA SVEUM
Viewpoints Editor

In recent months (though it seems more like years), the debate about health care has exploded. Whether or not the US should implement a single-payer system like Canada's has gone from an ideologue's dream (or nightmare) to an idea on the minds of many Americans.

But lately, it seems the facts of the debate, like whether a governmental bureaucracy could adequately manage millions of Americans, whether people can keep their current plans and whether the government (and the taxpayers) can afford such a system, have fallen by the wayside in favor of fear-mongering, name-calling, and rude, unproductive interruptions.

The average conversation about health care seems to last about five minutes before someone cries, "Death panels! The government will kill your grandma!" or "Socialism!" or something equally absurd. The craziness comes from both sides, resulting in a debate that's really just a shouting match.

So before we look at the actual facts of the debate, let's look at the debate itself.

Now, I'll grant that politics is messy. There are millions of people in the US and there's no way everyone will agree on anything, much less something so central to people's lives as health care. Such a hot button topic regularly gets people so riled up that they can't see straight, resulting in town hall meetings that devolve into riots.

So here's the question I find myself asking anytime I hear about the health care debate: What the hell is wrong with people?

Because we're no longer discussing (or even arguing about) what to do about health care and how to improve an obviously flawed system. More often, I find people are trying to scare the other side into submitting, and nothing gets done.

“

If you disagree with someone, say so, but there's no reason to name-call and there's certainly no reason to start a riot

”

Maybe instead of crying "Death panels!"

The government will decide who live and who dies!" we could remember that

recently, insurance companies already do that. Millions of people every year are denied claims because non-medical personnel and businessmen decide what's an emergency or not (and whether it's financially worth it to pay for some procedure) or any insurance at all because of pre-existing conditions beyond their control.

As I said, there's no way to get everyone to agree on something as important as health care. Regardless of the resolution, people will disagree. And they're allowed to. Freedom of speech is an important tenant in this country, and I'm certainly not going to deny anyone that right.

But maybe if we stop the fear-mongering and the name-calling and have a rational discussion about the matter, we could reach some sort of decision and maybe even fix a system that is in dire need of a change (regardless of what you think that change should be).

Facebook has Potential to Remain Professional and Avoid Falling Prey to MySpace-like Antics

BY DAWN ROBEY
Staff Writer

Have you checked your wall today? I have, and so have most of the 82 people on my friends list. The social networking craze has taken me under, and I am thoroughly addicted. MySpace and Facebook need their spot in Webster's because they have found their way into the daily lives of millions of people. But is social networking as professional as it is entertaining?

According to Webster's, social networking is the process of using a computer to connect people who share personal and professional interests.

The idea that the internet can be used to contact old friends, co-workers and business associates is not a new one. One of the highest uses of the internet is for social networking purposes and America is a strong believer in networking.

Resumes are posted on networking sites. Employers have begun to "check out" the personal sites of potential new hires. Parents, schools, jobs, law enforcement agencies have all learned that social networking can be useful in learning the in's and out's of a person without having to ask face to face.

In 2003, MySpace was launched as "a place for friends." The site provided a personal web page to its users where they could post their comments, concerns and generally express their individuality.

By 2006 the site became so wildly popular that it was voted the most used social networking website in America and obtained its one hundred millionth account in the same year.

Since then, however, MySpace has lost a lot of its popularity. With the advent of newer, more streamlined social networking sites, MySpace has dropped to what I like to call a "whining forum." It has become a place for tweens and young adults to vent their frustrations about life, the lack of liberty and the pursuit of unhappiness. The gripes presented range from who kissed who's boyfriend to why Mom has such an attitude problem.

The social networking aspect of the site has been drowned under these complaints and many adults have lost interest in the "kiddie play ground" that MySpace has become. A year after MySpace was launched, Facebook was invented and released to the public. Facebook, like MySpace, promotes a social network for all ages and interests. Yet, the site was considered more user friendly and adult oriented. Created by a 24-year-old college student, Facebook took off, much the same as MySpace,

and now connects millions of people over millions of miles.

We all enjoy connecting with old friends, complimenting pictures and voicing our opinions through our keyboards, but where is the line between social networking and a sniveling popularity contest? It seems that as a networking site gains popularity, it loses its appeal to the professional world and therefore much of its credibility as a reliable source of personal and professional information.

I have come up against a few social networking roadblocks myself. After posting an invite to a Saturday night party, my employer kindly reminded me (via my Facebook wall) that I had to work the following Sunday and if I arrived inebriated, it would result in a pink slip. An innocent Facebook post prompted a threat to my job, and what my employer didn't know was that I was the designated driver for the evening, and there was

no inebriation in my immediate future.

This is where the line between personal and professional social networking becomes blurred.

I question whether or not Facebook will follow the same path as MySpace. The site's layout and applications obviously lead to a more professional atmosphere than MySpace's flash and popgun appeal, but the content posted has become more and more personal. Professionalism is pushed out in favor of party schedules and emotional baggage. The blend of work and pleasure becomes a difficult mix to uphold.

Yet Facebook has done a much better job of keeping that balance. It still hosts web pages dedicated completely to businesses, with only members of that workplace community allowed to join. Co-workers can connect over lunch break and find out what an associate three thousand miles away is working on. College students can share notes and class comments over their walls.

Facebook has the potential to keep the line in the sand between personal and professional, but if that line blurs (as it did with my boss), I worry that social networking is more entertaining than professional. If Facebook becomes another MySpace when will the cycle of whining forums end? Will networking lose its professional edge and become taboo, like chat rooms have?

If so, we had better watch what we say on Facebook, for it could very well mean the difference between a pay check and a pink slip.

the Bullet

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The *Bullet* is always eager to receive letters to the editor and guest columns, and every effort is made to print them.

Letters should be submitted the Monday before publication. Letters should be no longer than 300 words, and columns should not exceed 700 words.

We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to the *Bullet* at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seacrest Hall or sent to our e-mail at umwbullet@gmail.com.

Opinions expressed in letters to the editor do not necessarily reflect the views of the staff.

Contact the *Bullet* at 540-654-1133.

Viewpoints

Kama Sutra Contains More Than Just Sexual Positions

In the distant past, an Indian scholar named Mallanaga Vatsayana wrote a collection of texts called the Kama Shastra. This collection included a text about human sexual behavior known as the Kama Sutra.

Now I know we have all heard of this book and have wondered what it contains. We have gotten so curious that we have gone into a public library or bookstore to look for this book. Most bookstores carry picture books showing the various positions that are described in the original Kama Sutra.

What you may not know is that these picture books are only covering one of seven sections of the original.

This text takes a look into all aspects of sexual behavior: ways to behave with and around women, not just the different sexual positions. Sure, much of this information is kind of dated and specific to the culture in India, but I think the vast majority of it still applies today.

The Kama Sutra is commonly split into seven parts: the Introduction, Sexual Intercourse, the Acquisition of a Wife; the Wife; the Wives of Others; Courtesans and Prostitutes; and Seduction.

Each of these parts can be further broken down. Each article following this will cover one of the seven sections of the Kama Sutra. First, let's start with the Introduction.

In the first chapter of the Introduction, we are treated to a dialogue between a master and his student who are discussing the three necessities for 'Happiness on Earth.' These three requirements are virtue, riches, and pleasure.

The Kama Sutra says you need a balance of the three in order to achieve "happiness on earth." I feel that even today, virtue should be something we should all try to attain, especially in an age

where, overall, you see less sincerity in day-to-day interactions. Everyone is trying to get something from someone else. Men throw parties and expect women to give them sexual favors in exchange for the alcohol and the invite to the party. Worse yet, men encourage women to get so drunk that they don't have any control over their own actions.

The second necessity for happiness, riches, everyone seems to desire because with money you can buy any material possession you could want

or need. Having riches can pay for school, for food, Xbox live subscription, Internet, cell phone, etc. 'riches' (a.k.a. money) seem to make the world go round. This has pushed virtue to the back burner to attain more riches, people looking out for themselves.

The last requirement, pleasure, is something that I would whole-heartedly agree with as a requirement for happiness. Who wouldn't? pleasure is good regardless of the form, from chocolate to sex. It all sounds good to me, and pleasure is something I wouldn't mind striving for. In this chapter the student says, "The ancient sages have said that as virtue is concerned with things not of this world, its principles can be adequately treated and defined in a book. The same is true of riches... But pleasure, which is part of nature itself does not need to be studied."

That last part, I think many people would agree with in general, but if you think about it, there is a lot of study about pleasure that have resulted in various practices, whether helpful to people or a way to make money. Some very known interest areas come to mind are massage therapy, pornog-

raphy, and psychology.

The Master says to his student, "That is not altogether true. Sexual relationships are dependent on a man and a woman, and to develop such a relationship requires the application of certain methods outlined in the Kama Shastras."

I have had my fair share of sexual encounters and I am still learning new techniques that others have discovered and used. So, I find that the master is correct in saying that pleasure should be studied for the improvement of your own sexual encounters whether with a new partner or a continuing partner.

The introduction also talks of the "Duties of a Citizen and Women with Whom Intercourse is either Permitted or Forbidden." I will cover them briefly since most of it is dated and culture specific.

The duties of a citizen talk of where he should choose to live, how he should take care of himself, what he should do with himself, and what social activities he should attend. He should choose to live somewhere in close proximity to others (don't be a hermit). He should take care of himself by bathing every day (that's why we have bathrooms). He should pursue his interests in "teaching his parrots and birds to talk" (very much outdated, let's just make sure your roommate picks up after him or herself), "prepare his fighting cocks/pardises/rams for combat" (you can scratch the birds, just prepare for that hot date), and devote some of his time to "dramatic spectacles" (watch the drama unfold down the hall).

"Women with Whom Intercourse are either Permitted or Forbidden" covers many rules of relationships between different level castes. Very much out-dated in an age where everyone is considered an equal and you can date or marry whomever you wish.

It also outlines many reasons that a man may violate the sanctity of a marriage by engaging with a married woman. Some of these reasons are the women is willing and many others have enjoyed her before, if such a woman has left her legal hus-

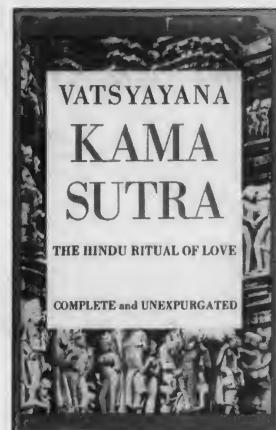


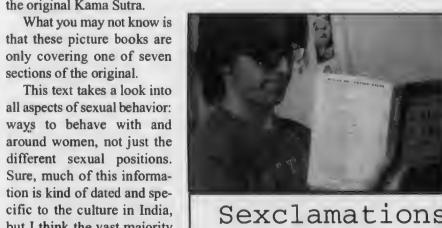
Photo by Hunter Smith

A copy of the Kama Sutra printed in the '60s.

band and is living as the wife of another, she might be able to prevent her husband from harming you, and this woman may be able to find a rich and beautiful wife (to name but a few). I do not promote them and consider them very much immoral.

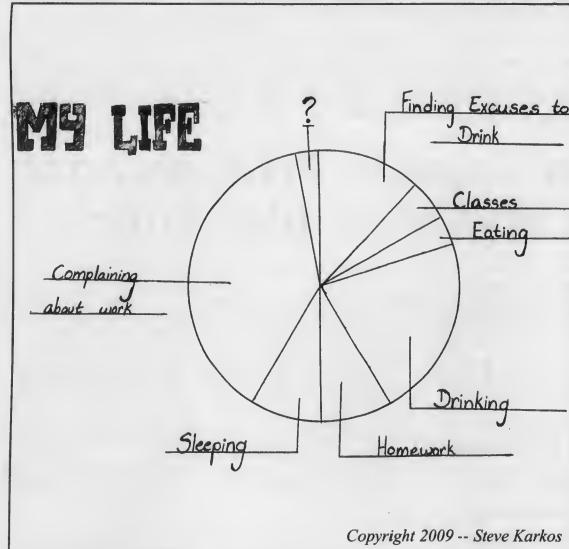
It also outlines why a man may not have intercourse with a woman under any circumstances. These women include a leper, a lunatic, a woman expelled from her caste, a woman who cannot keep a secret, a woman who publicly expresses her desire for a man, a woman who is a close relative, and the list goes on. Some of these reasons I agree with, I would not want to have sex with a close relative and I'm pretty sure that relationship would be looked down upon, even in today's society. Many of these are very much outdated and something we hold as preferences in the woman we look for, rather than social rules.

That is it for section one, the introduction of the Kama Sutra. Keep an eye out in a few weeks for an outline of section two, "Sexual Intercourse", written by yours truly.



Sexclamations

By Hunter Smith



Twitter has Novelty but Lacks Staying Power as Next Big Social Network

Over the past few years, I've gotten pretty used to writing about myself. Between this column, my non-fiction writing classes, and Facebook statuses, I've put a lot of energy into the assumption that people care about what I have to say. With my unabashed self-absorption, you'd think I'd be an obvious candidate for Twitter, the Internet's latest "next big thing" in mass communication.

If "brevity is the soul of wit," then Twitter is the Woody Allen of social networks. Celebrities, politicians and attention-starved tweens can now use their cellphones and Blackberrys to post gossip and tirades online, as long as they're 140 characters or less.

Twitter has also proved to have some crucial journalistic merit, as Iranian protesters of last June's election turned to tweeting their cause after the government shut down most other forms of communication. Even the Bullet has a Twitter now. Shameless plug!

My original excuse for getting a Twitter account was work-related. This summer, I interned at a congressional news organization that asked me to verify which members of Congress actually use Twitter and which accounts were fake. You'd be surprised at how many tweeters pose as Sen. Max Baucus, posting gems to the likes of "SINGLE-PAYER HELTHCARE REFORM SUX!!!"

After I started following Rainn Wilson (the actor who plays Dwight on "The Office"), I became addicted, clicking refresh by the hour. I was soon following my favorite bands, news outlets and estranged ex-boyfriends. Oddly enough, rapper Kanye West does not have a verified Twitter

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Susannigans
By Susannah Clark,
Editor in Chief

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Days before his wedding, Doug (Justin Bartha), his two friends Phil (Bradley Cooper) and Stu (Ed Helms) and his quirky soon-to-be brother-in-law, Alan (Zach Galifianakis), head to Las Vegas for a wild bachelor party no one will ever forget. However, the morning after their night of debauchery, the men cannot recall a single event from the previous night. In addition, Doug has vanished, and the remaining men find a sobbing baby in the hotel closet, a massive tiger in the bathroom, and one of Stu's front teeth knocked out. In a race against time, the three men must retrace their steps in order to find their missing friend and groomsman.

Phil, Stu and Alan form an unlikely, yet hilarious, trio or "wolfpack," as Alan calls them. Galifianakis' acting remains superb. If anything, the shenanigans of his character, Alan, make this movie worth seeing. Alan maintains a degree of man-child creepiness and absurdity, reminding us all why we don't like seeing crazed, hairy men naked.

Phil plays the role of the obnoxious, yet semi-

intelligent, frat boy eager to escape the pains of his adult life. Stu portrays a sensible, yet spineless, dentist who remains whipped by his domineering girlfriend.

Throughout their spastic journey, the men run into all sorts of trouble—or rather, consequences from the night before—fending off Asian gangsters working for the psychotic villain named "Mr. Chow" and escaping the wrath of the police—all while trying to survive each other (or at least Alan). While the movie maintains a level of "Old School" and "Animal House" style vulgarity, the characters' interactions among one other and their responses to the strange situations they find themselves in, balance the dynamics of the movie.

In addition, the characters accumulate bruises, bloody lips and concussions, giving slap-stick humor an entirely new meaning.

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Off The RECORD

Paramore tones down the rock, gets reflective on third album

By BRYANT MATERA
Staff Writer

Paramore's third full-length studio effort, "Brand New Eyes," illustrates a surprising change of pace from the rocking foursome from Franklin, Tennessee. The album switches up Paramore's sound a bit, although not as dramatically as Panic! At the Disco's "Pretty. Odd." or the Beatles' "Sgt. Pepper's Lonely Hearts Club Band" did for those bands.

"Eyes" can almost be divided into two distinct halves: one with the classic Paramore bite, and another with a slower, more reflective tone that sacrifices screaming guitars for a more acoustic emptiness.

For instance, songs like "Ignorance," "Brick by Boring Brick" and "Careful" all have the same head-banging, stomping your feet, scream at the top of your lungs choruses we've come to expect from the band, while others, like "Misguided Ghosts" and "The Only Exception," go in a different and strikingly uncharacteristic direction.

The band's lyrical and compositional prowess remains at the top of its game here, with instantly



"Brand New Eyes"
By: Paramore
Release date: 9/29



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humble tunes and plenty of "in your face" moments that recall the anthemic track "Misery Business" from their previous album, "Riot!" Hayley Williams' vocals are, as always, jaw dropping, and the guitars screech and soar as you'd expect.

Some will likely be turned off by the fact that Paramore seems to have turned themselves back a bit on "Eyes," but the quintet appears to have prepared themselves for this possibility when front-woman Williams sings, "I guess you can't accept that the change is good."

Although "Brand New Eyes" might not be the follow-up some have been expecting, it explores new territory while still remaining a worthy sequel to "All We Know Is Falling" and "Riot!"

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UMW Folk Singer Plays Music Fest

By ERIN COX
Staff Writer

After a long and sleepless weekend Sept. 18-20, folk musician Alex Culbreth returned home to Fredericksburg after attending the fourth annual Sharps Sessions in Warsaw, Virginia. The festival, which took place over three days, was entirely free and featured 25 local bands falling into genres such as metal, folk, reggae and punk. This wide variety of music prompted Culbreth to describe the atmosphere as "definitely more eclectic than any other festival I've been to."

Culbreth, who had never attended the Sharps Sessions before, was contacted to play without pay in front of attendees who camped out, joined the musicians, and in some cases, took advantage of the opportunity to showcase their talent with open-mic sessions.

The Sharps Sessions, as well as many other festivals which occur every summer, have their roots in the renowned 1960's peace movements. As interest in folk music has increased, especially among college-aged students, festivals have also become more and more popular.

Culbreth's primary genre, folk music, experienced its peak in the folk revival of the early

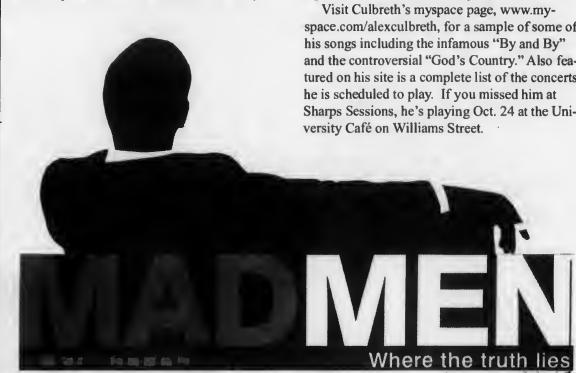
'60s, spawning from the increasing number of protests against war efforts and the civil rights movement. A second folk revival can be witnessed all over UMW's campus, with various student troubadours, such as Charlie Devine and Steve Okun—who both occasionally play with Culbreth—showing off their latest tunes on the bricks in between classes.

A senior at UMW, Culbreth is currently working on his fifth album and can be seen playing at local venues such as the Griffin and the Colonial Tavern. His influences include Ryan Adams, The Drive-by Truckers, Steve Earle, The Clash and of course, Bob Dylan.

Joe Isaacs of "Music Matters," a charity musical venue in Maryland, has selected Culbreth's music as "beautiful, with incredible tunings" and "full of intelligence, historical references and beautiful poetry."

Taking on deep issues, Culbreth connects with listeners through his music, creating a special connection between artist and listener. His lyrics have been known to discuss sex, relationships, politics and heaven and hell, while his voice and musical talent continue to exceed expectations and musical talent continue to propel him in the right directions as his career progresses.

Visit Culbreth's myspace page, www.myspace.com/alexculbreth, for a sample of some of his songs including the infamous "By and By" and the controversial "God's Country." Also featured on his site is a complete list of the concerts he is scheduled to play. If you missed him at Sharps Sessions, he's playing Oct. 24 at the University Cafe on Williams Street.



By BRENDAN OUDEKERK
Staff Writer

Like most of you reading this, I didn't know too much about the hit series "Mad Men" three months ago. I knew it was critically acclaimed and apparently very interesting, but I knew no one that had watched it. Despite worries about missed back-story from past episodes, I decided that I would give it a trial on my TiVo in an attempt to liven up my summer. I was pleasantly surprised by what I found.

TV Review

"Mad Men" is a character-driven drama on AMC focusing on the high-paced life of Madison Avenue advertising agency employees. Character-driven dramas tend to be tedious and difficult to follow, but I find myself completely absorbed each week, wanting to know what will happen next.

Fortunately for those yet to jump in, the plot is fairly simple: Don Draper (Jon Hamm) leads a complicated double life filled with infidelities and lies, and we get to see how he juggles his nuclear family in suburbia with his fast-paced career in the city.

Up until the most recent episodes, Don had been keeping mistresses (yes, plural) in the city attempting to conceal his infidelities from his suburban housewife. We also find other employees of the agency dealing with issues of their

own—sexism, infidelity, and of course baby mama drama.

Despite seeming extremely cliché, these problems, mixed in with the conservative 1960's values, make for an exceptionally excellent show. The way in which the action unfolds provides a stark contrast between 60's moral values and the reality of what's actually happening in the character's lives.

Coupled with the advertising agency's struggle to make their products seem revolutionary and safe, the show really hits a new level. The constant smoking, drinking and other forms of substance abuse resonate with greater significance in the hindsight of the 21st century.

The new season seems to be more focused on new problems stemming from previous decisions. Don has been confronted by his wife about his concealed second life but is forced together by their new baby, placing their issues on hold. A merger with a British company has thrown off the power structure within the agency, and everyone is struggling to gain their bearings.

I would highly recommend this show for anyone interested in gaining a new obsession. If you are worried about not knowing the background of the characters, the show's Wikipedia page has accurate information about their back-stories. It's easier than you might think to jump into the series, since each episode provides important information at the beginning and ends with a satisfying conclusion. Trust me, once you start watching you won't be able to stop.

Viewpoints

Kama Sutra Contains More Than Just Sexual Positions

In the distant past, an Indian scholar named Mullanaga Vatsayana wrote a collection of texts called the Kama Shastra. This collection included a text about human sexual behavior known as the Kama Sutra.

Now I know we have all heard of this book and have wondered what it contains. We have gotten so curious that we have gone into a public library or bookstore to look for this book. Most bookstores carry picture books showing the various positions that are described in the original Kama Sutra.

What you may not know is that these picture books are only covering one of seven sections of the original.

This text takes a look into all aspects of sexual behavior: ways to behave with and around women, not just the different sexual positions. Sure, much of this information is kind of dated and specific to the culture in India, but I think the vast majority of it still applies today.

The Kama Sutra is commonly split into seven parts: the Introduction, Sexual Intercourse, the Acquisition of a Wife; the Wife; the Wives of Others; Courtesans and Prostitutes; and Seduction.

Each of these parts can be further broken down. Each article following this will cover one of the seven sections of the Kama Sutra. First, let's start with the Introduction.

In the first chapter of the Introduction, we are treated to a dialogue between a master and his student who are discussing the three necessities for 'Happiness on Earth.' These three requirements are virtue, riches, and pleasure.

The Kama Sutra says you need a balance of the three in order to achieve "happiness on earth." I feel that even today, virtue should be something we should all try to attain, especially in an age

where, overall, you see less sincerity in day-to-day interactions. Everyone is trying to get something from someone else. Men throw parties and expect women to give them sexual favors in exchange for the alcohol and the invite to the party. Worse yet, men encourage women to get so drunk that they don't have any control over their own actions.

The second necessity for happiness, riches, everyone seems to desire because with money you can buy any material possession you could want or need. Having riches can pay for school, for food, Xbox live subscription, Internet, TV connection, Internet, cell phone, etc. 'riches' (a.k.a. money) seem to make the world go round. This has pushed virtue to the back burner to attain more riches, people looking out for themselves.

The last requirement, pleasure, is something that I would whole-heartedly agree with as a requirement for happiness. Who wouldn't? pleasure is good regardless of the form, from chocolate to sex. It all sounds good to me, and pleasure is something I wouldn't mind striving for. In this chapter the student says, "The ancient sages have said that as virtue is concerned with things not of this world, its principles can be adequately treated and defined in a book. The same is true of riches... But pleasure, which is part of nature itself does not need to be studied."

That last part, I think many people would agree with in general, but if you think about it, there is a lot of study about pleasure that have resulted in various practices, whether helpful to people or a way to make money. Some very known interest areas come to mind are massage therapy, pornography, and psychology.

The Master says to his student, "That is not altogether true. Sexual relationships are dependent on a man and a woman, and to develop such a relationship requires the application of certain methods outlined in the Kama Shastras."

I have had my fair share of sexual encounters and I am still learning new techniques that others have discovered and used. So, I find that the master is correct in saying that pleasure should be studied for the improvement of your own sexual encounters whether with a new partner or a continuing partner.

The introduction also talks of the "Duties of a Citizen and Women with Whom Intercourse is either Permitted or Forbidden." I will cover them briefly since most of it is dated and culture specific.

The duties of a citizen talk of where he should choose to live, how he should take care of himself, what he should do with himself, and what social activities should attend. He should choose to live some where in close proximity to others (don't be a hermit). He should take care of himself by bathing every day (that's why we have bathrooms). He should pursue his interest in "teaching his parrots and birds to talk" (very much outdated, lets just make sure your roommate picks up after him or herself), "prepare his fighting cocks/partridges/ramps for combat" (you can scratch the birds, just prepare for that hot date), and devote some of his time to "dramatic spectacles" (watch the drama unfold down the hall).

"Women with Whom Intercourse are either Permitted or Forbidden" covers many rules on relationships between different level castes. Very much out-dated in an age where everyone is considered an equal and you can date or marry whomsoever you wish.

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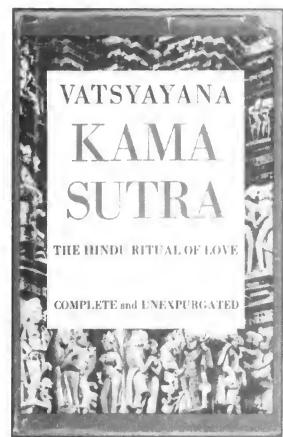


Photo by Hunter Smith

A copy of the Kama Sutra printed in the '60s.

band and is living as the wife of another, she might be able to prevent her husband from harming you, and this woman may be able to find you a rich and beautiful wife (to name but a few). I do not promote them and consider them very much immoral.

It also outlines why a man may not have intercourse with a woman under any circumstances. These women include a leper, a lunatic, a woman expelled from her caste, a woman who cannot keep a secret, a woman who publicly expresses her desire for a man, a woman who is a close relative, and the list goes on. Some of these reasons I agree with, I would not want to have sex with a close relative and I'm pretty sure that relationship would be looked down upon, even in today's society. Many of these are very much outdated and something we hold as preferences in the woman we look for, rather than as social rules.

That is it for section one, the introduction of the Kama Sutra. Keep an eye out in a few weeks for an outline of section two, "Sexual Intercourse", written by yours truly.



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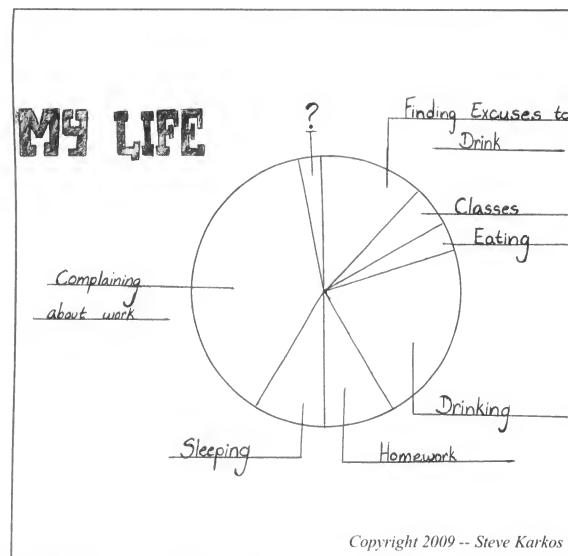
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Staff Writer

Paramore's third full-length studio effort, "Brand New Eyes," illustrates a surprising change of pace for the rocking foursome from Franklin, Tennessee. The album switches up Paramore's sound a bit, although not as dramatically as Panic! At the Disco's "Pretty. Odd." or the Beatles' "Sgt. Pepper's Lonely Hearts Club Band" did for those bands.

"Eyes" can almost be dissected into two distinct halves: one with the classic Paramore bite, and another with a slower, more reflective tone that sacrifices screaming guitars for a more acoustic emptiness.

For instance, songs like "Ignorance," "Brick by Boring Brick" and "Careful" all have the same head-banging, stomp your feet, scream-the-top-of-your-lungs choruses we've come to expect from the band, while others, like "Misguided Ghosts" and "The Only Exception," go in a different and strikingly uncharacteristic direction.

The band's lyrical and compositional prowess remains at the top of its game here, with instantly



"Brand New Eyes"
By: Paramore
Release date: 9/29



humming tunes and plenty of "in your face" moments that recall the anthemic track "Misery Business" from their previous album, "Riot!" Hayley Williams' vocals are, as always, jaw dropping, and the guitars wail, screech and soar as you'd expect.

Some will likely be turned off by the fact that Paramore seems to have toned themselves back a bit on "Eyes," but the quintet appears to have prepared themselves for this possibility when front-woman Williams sings, "I guess you can't accept that the change is good."

Although "Brand New Eyes" might not be the follow-up some have been expecting, it explores new territory while still retaining a worthy sequel to "All We Know Is Falling" and "Riot!"

Beyond being an absolute must-buy for Paramore fans, "Brand New Eyes" is top-notch work from a truly talented and incredible band and is definitely worth checking out.

UMW Folk Singer Plays Music Fest

By ERIN COX
Staff Writer

After a long and sleepless weekend Sept. 18-20, folk musician Alex Culbreth returned home to Fredericksburg after attending the fourth annual Sharps Sessions in Warsaw, Virginia. The festival, which took place over three days, was entirely free and featured 25 local bands falling into genres such as metal, folk, reggae and punk. This wide variety of music prompted Culbreth to describe the atmosphere as "definitely more eclectic than any other festival I've been to."

Culbreth, who had never attended the Sharps Sessions before, was contacted to play without pay in front of attendees who camped out, joined the musicians, and in some cases, took advantage of the opportunity to showcase their talent with open-mic sessions.

The Sharps Sessions, as well as many other festivals which occur every summer, have their roots in the renowned 1960's peace movements. As interest in folk music has increased, especially among college-aged students, festivals have also become more and more popular.

Culbreth's primary genre, folk music, experienced its peak in the folk revival of the early

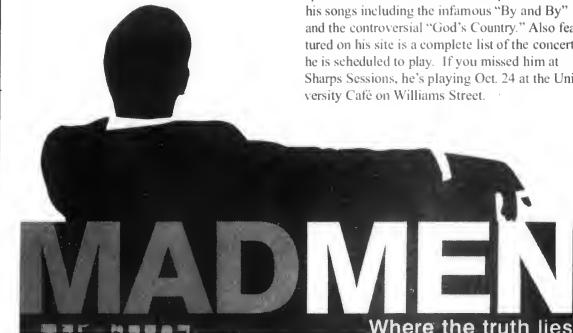
'60s, spawning from the increasing number of protests against war efforts and the civil rights movement. A second folk revival can be witnessed all over UMW's campus, with various student troubadours, such as Charlie Devine and Steve Okun—who both occasionally play with Culbreth—showing off their latest tunes on the bricks in between classes.

A senior at UMW, Culbreth is currently working on his fifth album and can be seen playing at local venues such as the Griffin and the Colonial Tavern. His influences include Ryan Adams, The Drive-by Truckers, Steve Earle, The Clash and of course, Bob Dylan.

Joe Isaacs of "Music Matters," a charity musical venue in Maryland, has described Culbreth's music as "beautiful, with incredible tunings" and "full of intelligence, historical references and beautiful poetry."

Taking on deep issues, Culbreth connect with listeners through his music, creating a special connection between artist and listener. His lyrics have been known to discuss sex, relationships, politics and heaven and hell, while his voice and musical talent continue to exceed expectations and musical talent continue to propel him in the right directions as his career progresses.

Visit Culbreth's myspace page, www.myspace.com/alexculbreth, for a sample of some of his songs including the infamous "By and By" and the controversial "God's Country." Also featured on his site is a complete list of the concerts he is scheduled to play. If you missed him at Sharps Sessions, he's playing Oct. 24 at the University Cafe on Williams Street.



By BRENDAN OUDEKERK
Staff Writer

Like most of you reading this, I didn't know too much about the hit series "Mad Men" three months ago. I knew it was critically acclaimed and apparently very interesting, but I knew no one that had watched it. Despite worries about missed back-story from past episodes, I decided that I would give it a trial on my TiVo in an attempt to live up my summer. I was pleasantly surprised by what I found.

TV Review

"Mad Men" is a character-driven drama on AMC focusing on the high-paced life of Mad Men Advertising agency employees. Character-driven dramas tend to be tedious and difficult to follow, but I find myself completely absorbed each week, wanting to know what will happen next.

Fortunately for those yet to jump in, the plot is fairly simple: Don Draper (Jon Hamm) leads a complicated double life filled with infidelities and lies, and we get to see how he juggles his nuclear family in suburbia with his fast-paced career in the city.

Up until the most recent episodes, Don had been keeping mistresses (yes, plural) in the city attempting to conceal his infidelities from his suburban housewife. We also find other employees of the agency dealing with issues of their

own—sexism, infidelity, and of course baby mama drama.

Despite seeming extremely cliché, these problems, mixed in with the conservative 1960's values, make for an exceptionally excellent show. The way in which the action unfolds provides a stark contrast between 60's moral values and the reality of what's actually happening in the character's lives.

Coupled with the advertising agency's struggle to make their products seem revolutionary and safe, the show really hits a new level. The constant smoking, drinking and other forms of substance abuse resonate with greater significance in the hindsight of the 21st century.

The new season seems to be more focused on new problems stemming from previous decisions. Don has been confronted by his wife about his concealed second life but is forced together by their new baby, placing their issues on hold. A merger with a British company has thrown off the power structure within the agency, and everyone is struggling to gain their bearings.

I would highly recommend this show for anyone interested in gaining a new obsession. If you are worried about not knowing the background of the characters, the show's Wikipedia page has accurate information about their back-stories. It's easier than you might think to jump into the series, since each episode provides important information at the beginning and ends with a satisfying conclusion. Trust me, once you start watching you won't be able to stop.

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The play opens with Gidger (sophomore Kevin S. McDonough), ranting about being overqualified for his job as an assistant aspiring publisher John Pace Seavering (senior Brett Mesar). With grand gestures and perfect timing, McDonough animated Gidger with more than just average comedic relief. As Gidger's identity becomes more and more diluted with knowledge of the future, he injects futuristic lingo into his rants, finally arriving at the hilarious climax of "this is BOGUS!" which had the audience howling.

Pausing so naturally for laughs that he appeared synchronized with the audience, McDonough's matter-of-fact delivery of lines was absolutely genius.

Jessie Brewster (junior Ashley James) was John's jazz-singing, smart-talking mistress whose memoirs—which may or may not be false—become the climax of the play. James

plays Jessie with the simple elegance of a character that will stop at nothing to be world-famous. Her gift is understatement—her offhand comment to John that she will add up his assets and re-consider their relationship based on what she finds would crush the soul of the most confident man in the world.

Junior Cameron Doucette is delightful in his portrayal of the absurdly foppish Denis McCleary, John's best friend. Doucette displays great range between Denis's self-absorbed, flowery descriptions of the finer points of his tome of a novel and his more tender moments with his fiancée Rosamund (played by junior Cassandra Lewis).

Anyone who saw Cassandra Lewis grace the stage last year as Emily in "Our Town" and



UMW senior Brett Mesar as John Pace Seavering and junior Ashley James as Jessie Brewster.

Catherine in "The Heiress" has an idea of how incredible her performance was in "The Violet Hour." Lewis is so—for lack of a better word—natural on stage. None of her movement is contrived and she speaks every word as though it is her own.

Whenever Lewis is onstage, it feels as if a "real" person has stumbled into the play and ends up stealing the show. She has such ease that it's difficult to imagine her preparing for a role, it seems as though she was born to

pause, which is a rare trait in college performances. Young actors tend to shy away from pauses for fear that the audience and their cast mates will think they've forgotten a line and the play will lose its rhythm. Mesar uses pauses effectively, as they would occur in real life. There is a beautiful moment after the climax of the play where John and Jessie are slumped on the floor after an exhausting screaming match. There are at least two full minutes of silence and it works perfectly.

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Send Bullet Points to ryanlmarr@gmail.com

Features

How To: Dorm Pets

Caring for a Betta Fish

By KRISTLE GOLDSWORTH
Staff Writer

Eye catching colors, long flowing fins, and relatively easy care and maintenance make the Betta fish (also called Siamese, Oriental, or Japanese Fighting fish) a popular pet among college students and all pet owners alike.

Choosing a Betta fish is the first order of business. The male Bettas have long flowing fins and a larger and brighter color pallet than the fe-

males. Bettas are best to live alone, especially the male Bettas. Males are physically aggressive towards one another, thus giving them the name of "fighting fish." Even female Bettas are rather aggressive towards one another, so they need a tank of at least two gallons or more. Generally, however, Betta fish are happiest living in pairs.

After choosing a Betta fish, it is time to choose a proper home. A larger amount of water should always be considered if more than two fish live together. There are a variety of Betta containers available in any pet store. Some Betta fish owners enjoy decorative glass vases, preferably short and wide rather than tall and thin. With vases that are tall and thin, the fish will be less active because the water has a lower oxygen rating.

To ensure a more active fish, an air stone and pump can be used. The air stone and pump will produce bubbles

that rise through the water and cause agitation at the water's surface. This renews the surface water, keeping it more oxygenated than a stagnant water source. The Betta fish will be more active and more interesting to watch.

A container size of at least one to two gallons should be cleaned weekly. This includes cleaning the bowl and replacing the water. With a container of less than one gallon more frequent cleaning is necessary. This could mean as often as two or more times a week depending on the size.

Any time water is replaced or added to the Betta's container, a water conditioner should be used. Water conditioner, which can be found at any pet store, will detoxify chemicals found in tap water that will harm

Betta fish are popular choices for dorm pets because they are inexpensive to purchase and maintain. They are also colorful and graceful pets.



Prepackaged bottled spring or distilled water can be used instead of tap water. Bottled spring water is the best choice because of the natural minerals found in it, giving the Betta some of their nutritional minerals.

Decoration for a Betta container is purely aesthetic and is the decision of the owner.

Sharp edged decorations should be avoided so that the fish does not get caught and tear its fins. Aquarium gravel, marbles, or glass beads, can be placed at the bottom of the container to complement the vibrant color of the fish.

Pet stores carry a wide variety of Betta fish food. Betta food can be flakes or pellets, freeze dried or frozen. A varied diet is recommended

to keep a Betta healthy and happy. Bettas are carnivorous, so keep that in mind when choosing a Betta food.

Pelleted or flaked foods are often a good start. While flakes can be messy and difficult to measure, pellets are usually easier to measure, and easier to remove from the water if the fish is accidentally fed too much. Most Bettas should be fed about three to five pellets, depending on the size of the fish and on the size of the pellet. Fish only need to be fed once a day, or even once every other day. Freeze dried or frozen foods, like bloodworms and brine shrimp, can be given to fish occasionally instead of flakes or pellets.

The vibrant Betta fish can be the perfect silent study companion or an interesting centerpiece in any room. Bettas are affordable and easy to maintain, a perfect pet for a college student. They need food just every other day, and new water once a week the Betta fish require minimal care for a happy pet.

Betta fish are available at PetSmart in Central Park

Necessary Items for fish care are:
Fish tank
Water Conditioner
Fish food

Betta Fish Mistakes:

*Do not place more than one male fish in the same bowl.

*Do not have decorations with sharp edges in the tank. The fish can rip their fins.

*Do not use tap water in the tank without a water conditioner.



Photos courtesy of Flickr.com

THAT'S WHAT SHE SAID...

By KAITLIN MAYHEW
Features Editor

Fall is here. The showering of cold rain I was caught in earlier on the way to class made me blissfully aware of that fact. And I'm not being sarcastic. I actually do like the rain, and since I had no specific attachment to the way my hair looked that day, or to the

dryness of my outfit I was able to enjoy it all the more.

However, from a more commercial standpoint, fall came long ago, a month or so ago in fact.

What continues to surprise me each year is the amount of "fall" themed objects for purchase in stores. There is as much "fall" merchandise on the shelves as there are Christmas items in November.

Not to say that I don't thoroughly adore it, or buy every pumpkin shaped candle or scented room spray I can afford.

But what makes something "autumn scented?"

It seems to me that anything with a vague cinnamon smell will pass. If that's so then why not call it cinnamon?

Apparently they can charge two more dollars for the "autumn" scented moisturizing lotion than they can for its cinnamon counterpart.

The packaging is another inescapable lure these vendors use to attract poor unsuspecting customers.

It is always a colorful amalgamation of dulled orange, reds, and browns. And the display set up around them just makes them all the more alluring.

Bath and Body Works stores are particular offenders.

It seems as if the entire store changes with the season, but in a heavenly, commercial, and materialistic way.

I've bought more "Sweet Cinnamon Pumpkin" lotion over the years before I ever stopped to ask myself whether or not I wanted my skin to be pumpkin scented.

Finally, I have come to the conclusion that there are some things that

just don't need to smell like pumpkin. Skin, I believe, may be one of them.

And not just pump-

Does anyone really want to walk by and have someone think "Wow they smell just like an autumn breeze?"

kin, does anyone really want to walk by and have someone think, "Wow, they smell just like an autumn breeze?" I think not.

Food seems to be another sales market that thrives on autumn. All you have to do is flip on the Food Network to find out that it's time for butternut squash soup, apple cider, and anything

and everything pumpkin.

This, I do realize, came originally from necessity. In the days before imports and grocery stores, people had to cook with what was grown.

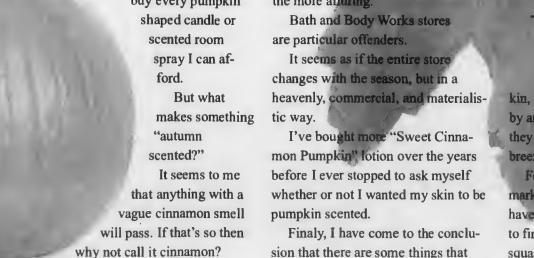
And I do concede that it is a good idea to eat the food that's in season. But do canned pumpkin and packets of turkey gravy ever really go out of season?

As much as I adore fall, and fall-like cuisine, I do wonder why it's a faux pas to eat pumpkin pie in the spring.

The grocery stores seem to be part of the plot as well.

Have you ever tried to find canned pumpkin or turkey broth off season? It is often very difficult.

In short, my advice for the season would be steer clear of the autumn perfumes but cash in on the room spray and stock up on the canned pumpkin while readily available!



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play every part she is cast in.

Though the first scene dragged a bit, Brett Mesar quickly found his rhythm in his portrayal of John Pace Seavering. What I found most interesting about Mesar's performance is his use of silence in the play. He is so comfortable with

pauses, which is a rare trait in college performances. Young actors tend to shy away from pauses for fear that the audience and their cast mates will think they've forgotten a line and the play will lose its rhythm. Mesar uses pauses effectively, as they would occur in real life. There is a beautiful moment after the climax of the play where John and Jessie are slumped on the floor after an exhausting screaming match. There are at least two full minutes of silence and it works perfectly.

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By KRISTLE GOLDSWORTH
Staff Writer

Eye catching colors, long flowing fins, and relatively easy care and maintenance make the Betta fish (also called Siamese, Oriental, or Japanese Fighting fish) a popular pet among college students and all pet owners alike.

Choosing a Betta fish is the first order of business. The male Bettas have long flowing fins and a larger and brighter color pallet than the fe-

that rise through the water and cause agitation at the water's surface. This renews the surface water, keeping it more oxygenated than a stagnant water source. The Betta fish will be more active and more interesting to watch.

A container size of at least one to two gallons should be cleaned weekly. This includes cleaning the bowl and replacing the water. With a container of less than one gallon more frequent cleaning is necessary. This could mean as often as two or more times a week depending on the size.

Any time water is replaced or added to the Betta's container, a water conditioner should be used. Water conditioner, which can be found at any pet store, will detoxify chemicals found in tap water that will harm

or even kill a Betta fish. These chemicals make water safe for human consumption but make it unsuitable for fish.

Prepackaged bottled spring or distilled water can be used instead of tap water. Bottled spring water is the best choice because of the natural minerals found in it, giving the Betta some of their nutritional minerals.

Decorations for a Betta container is purely aesthetic and is the decision of the owner.

Sharp edged decora-

to keep a Betta healthy and happy. Bettas are carnivorous, so keep that in mind when choosing a Betta food.

Pelleted or flaked foods are often a good start. While flakes can be messy and difficult to measure, pellets are usually easier to measure, and easier to remove from the water if the fish is accidentally fed too much. Most Bettas should be fed about three to five pellets, depending on the size of the fish and on the size of the pellet. Fish only need to be fed once a day, or even once every other day. Freeze dried or frozen foods, like bloodworms and brine shrimp, can be given to fish occasionally instead of flakes or pellets.

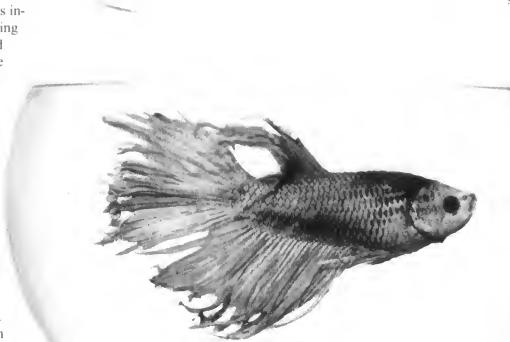
The vibrant Betta fish can be the perfect silent study companion or an interesting centerpiece in any room. Bettas are affordable and easy to maintain, a perfect pet for a college student. They need food just every other day, and new water once a week the Betta fish require minimal care for a happy pet.

How To

male Bettas. Betta fish are best to live alone, especially the male Bettas. Males are physically aggressive towards one another, thus giving them the name of "fighting fish." Even female Bettas are rather aggressive towards one another, so they need a tank of at least two gallons or more. Generally, however, Bettas are happiest living in solidarity.

After choosing a Betta fish, it is time to choose a proper home. A larger amount of water should always be considered if more than two fish live together. There are a variety of Betta containers available in any pet store. Some Betta fish owners enjoy decorative glass vases, preferably short and wide rather than tall and thin. With vases that are tall and thin, the fish will be less active because the water has a lower oxygen ration.

To ensure a more active fish, an air stone and pump can be used. The air stone and pump will produce bubbles



Betta fish are popular choices for dorm pets because they are inexpensive to purchase and maintain. They are also colorful and graceful pets.

Betta fish are available at Petsmart in Central Park

Necessary Items for fish care are:
Fish tank
Water Conditioner
Fish food

Betta Fish Mistakes:

***Do not place more than one male fish in the same bowl.**

***Do not have decorations with sharp edges in the tank. The fish can rip their fins.**

***Do not use tap water in the tank without a water conditioner.**



Photos courtesy of Flickr.com

THAT'S WHAT SHE SAID....

By KAITLIN MAYHEW
Features Editor

Fall is here. The showering of cold rain I was caught in earlier on the way to class made me blissfully aware of that fact. And I'm not being sarcastic. I actually do like the rain, and since I had no specific attachment to the way my hair looked that day, or

dryness of my outfit I was able to enjoy it all the more.

However, from a more commercial standpoint, fall came long ago, a month or so ago in fact.

What continues to surprise me each year is the amount of "fall" themed objects for purchase in stores. There is as much "fall" merchandise on the shelves as there are Christmas items in November.

Not to say that I don't thoroughly adore it, or buy every pumpkin shaped candle or scented room spray I can afford.

But what makes something "autumn scented?"

It seems to me that anything with a vague cinnamon smell will pass. If that's so then why not call it cinnamon?

Apparently they can charge two more dollars for the "autumn" scented moisturizing lotion than they can for its cinnamon counterpart.

The packaging is another inescapable lure these vendors use to attract poor unsuspecting customers.

It is always a colorful amalgamation of dulled orange, reds, and browns. And the display set up around them just makes them all the more alluring.

Bath and Body Works stores are particular offenders.

It seems as if the entire store changes with the season, but in a heavenly, commercial, and materialistic way.

I've bought more "Sweet Cinnamon Pumpkin" lotion over the years before I ever stopped to ask myself whether or not I wanted my skin to be pumpkin scented.

Finally, I have come to the conclusion that there are some things that

just don't need to smell like pumpkin. Skin, I believe, may be one of them.

And not just pump-

Does anyone really want to walk by and have someone think "Wow they smell just like an autumn breeze?"

kin, does anyone really want to walk by and have someone think, "Wow, they smell just like an autumn breeze?" I think not.

Food seems to be another sales market that thrives on autumn. All you have to do is flip on the Food Network to find out that it's time for butternut squash soup, apple cider, and anything

and everything pumpkin.

This, I do realize, came originally from necessity. In the days before imports and grocery stores, people had to

cook with what was grown.

And I do concede that it is a good idea to eat the food that's in season. But do canned pumpkin and packets of turkey gravy ever really go out of season?

As much as I adore fall, and fall-like cuisine, I do wonder why it's a faux pas to eat pumpkin pie in the spring.

The grocery stores seem to

be part of the plot as well.

Have you ever tried to find canned pumpkin or turkey broth off season? It is often very difficult.

In short, my advice for the season would be steer clear of the autumn perfumes but cash in on the room spray and stock up on the canned pumpkin while readily available!

Features

Fair Gives a Glimpse Abroad

By BRIDGET BALCH
Staff Writer

As a part of the Family Weekend festivities, the UMW Office of International Academic Services hosted the Education Abroad Fair in Great Hall for students and their families to explore the many options available for academic travel.

Students and parents were welcomed by the rhythmic music of the African Hand Percussion Club. Donned in colorful African garb.

Upon entering the fair, students were bombarded with a mass of information in the room.

There were representatives from the various department programs within UMW, including classics, economics, business, Arabic, historic preservation, German, Spanish, Italian, English, psychology, and history.

Representatives from programs sponsored by organizations not associated with UMW, such as American College Dublin, Programs Around the World, Global Experience, the Peace Corps, Semester at Sea, Lexia, The School for Field Studies, Boston University, American University, and Royal Holloway University of London were also present.

"The amount of information is overwhelming," said Glenda Reyes, a student who came to check out the various study abroad opportunities offered. "There's just so much great information, I don't know where to start!"

Reyes is strongly considering studying in England or Ireland, and said she found the information on major cooperation with study abroad very helpful.

There were several students assisting at the fair who had studied abroad themselves. Senior Jonathan Putty and sophomore Kelsey Coates spent a semester at Lingnan University in Hong Kong, China.

Coates described it as an "amazing life changing experience [that] enhances the university experience."

Putty recommended studying abroad, particularly in Hong Kong. "Anyone who gets the opportunity to go should," he said.

He went on to describe the highlights of his own experiences abroad, mentioning his weekend trip to Thailand, the marketplaces in China, the Chinese people, the cleanliness of the subway, and visiting the building from *The Dark Night* as some of his best memories.

Coates, who accompanied Putty on the excursions, particularly remembered her experience riding an elephant.

Senior, Kelly Key, highly recommends studying in Bath, England. She admitted she had a hard time choosing where to go at first. She was especially torn between Bath and London.

However, she ultimately chose to go with the rural, more personal city of Bath, despite the fact that the program was not directly affiliated with UMW, rather than the hustling, bustling capital of London.

Ann Witkowsky, assistant director of international academic services, said the university has a fairly large number of students who choose to study abroad.

At peak, 30 percent of UMW students studied abroad and the University's program was mentioned in *Open Doors*, a report on international education exchange.



Photos by Bridget Balch

Students in the African Hand Percussion club provide entertainment for the fair.

tion exchange.

According to Witkowsky, students can find opportunities to study almost anywhere, but the most popular destinations seem to be in Western Europe, particularly Spain.

However, she said the number of students choosing to go to Latin America is rising and a small number of students decide to go to nontraditional

destinations such as the Middle East and Asia.

The cost to study abroad can vary greatly depending on where the student chooses to go and what program they select.

The programs that are faculty-led and sponsored by UMW tend to be less expensive than those offered by other organizations.

The financial aid department works with students who wish to study abroad by helping them to either use the financial aid they already receive toward their studies abroad or to procure additional aid through Federal Pell Grants, Federal Stafford Loans, Federal Parent Loans, and Alternative Loans.

Interested in Study Abroad?

If you missed the Education Abroad Fair contact the Office of International Academic Services in Lee Hall for more information on studying abroad.

Location	Program	Semester
Greece	UMW in Greece	Spring 2009
England	Advanced Studies in England	Summer 2009
Germany	UMW in Germany	Summer 2009
Italy	Universita Cattolica del Sacro Cuore	Fall 2009
France	MICEFA Paris Exchange	Fall 2009
China	Beijing Language & Culture University	Fall 2009

Professor is Honored

By CHRISTINA LAMBERT
Staff Writer

Spanish professor Ana Chichester recently received the Christopher Bill Service Award, which is presented annually to a UMW professor.

The award, which is open to all departments, was named after former UMW psychology professor Christopher Bill. He taught while Chichester was a student at UMW, which gives the award sentimental value.

"I remember him when he was a young professor back in the '70s," said Chichester. He was also still teaching when Chichester first became a professor at UMW in 1992. The award was set up by Bill's family five years ago after his sudden death to reward his service to the community.

It was announced that she had won at a faculty meeting in August while she was at a conference in Lima, Peru. It wasn't until after she returned that Chichester learned that she had won.

"I was surprised; I didn't know that I had won," said Chichester.

To be considered for the award, Chichester had to be nominated. Each spring, the Dean of Faculty sends out an e-mail to all UMW faculty calling for nominations for the award. Chichester received this e-mail as well as an e-mail saying that she had been nominated. Although she is not certain who nominated her, Chichester believes that it was one of her colleagues in the Spanish department.

Many professors were nominated for the award, but Chichester says that it was her "community service to the (Spanish) department and to the institution for a number of years" that made her stand out from her competitors. She has volunteered at numerous non-profit organizations throughout the Rappahannock region and encourages Spanish majors to do the same.

"We try to get our Spanish majors involved," said Chichester. "That was my main motivation of why I got involved in these groups."

The main organizations that Chichester is involved with are the Rappahannock Council against Domestic Violence (RCDV), the National Organization for the Advancement of Hispanics (NOAH), the Community Foundation of the Rappahannock River Region, Mary Washington Hospital, and tutoring for local Central American immigrants. In addition, she has served on committees for most of these organizations and has even been the chair for some of these committees.

In organizations such as these, Chichester believes that the language barrier is a problem because people are not able to communicate with each other. She also seeks to improve ethnic and race relations. To her, this is a great opportunity for Spanish majors to get involved and help out the community.

"I try to promote volunteering, I know what the Latino community in this region needs," Chichester said.



Professor Ana Chichester received the Christopher Bill Service Award this year.

News

Outside the Fence



By HEATHER BRADY
Staff Writer

Regional

Bill Gray was in the Front Royal area this summer for work, and he happened to stop by the nearby Foodway Supermarket. The Spotsylvania County man, a builder for BK Cypress Log Homes, has been playing the lottery for 25 years, and he's never won anything worth more than \$100. At first it appeared that the ticket he bought at the Foodway Supermarket for the Virginia Lottery's Corvette Cash game was no different. It was a loser. So Gray sent the ticket to the Virginia Lottery, which held a second-chance drawing Sept. 1 among all the losing tickets it received in the Corvette Cash game. Gray had 80 tickets in the drawing, each of which he had bought for \$5. The ticket Gray purchased in Bentonville came up as the winner among more than 139,000 entries. The top-of-the-line 2009 Chevrolet Corvette convertible that Gray won has a manufacturer's suggested retail price of about \$68,500. It's black with black leather seats and is fully loaded. It has a 6.2-liter V-8 engine that can push the Corvette to 180 mph. Radley gets to book the car as a sale, which pleased the dealership. The Virginia Lottery pays for the car and all taxes, including the income tax Gray has to pay. (*The Free Lance-Star*, Sept. 30; www.fredericksburg.com)

National

The Supreme Court on Wednesday said it will decide whether the right to own guns for self-defense, announced by the court last year when it struck down the District of Columbia's ban on handguns, also covers states and other cities with gun-control laws. The landmark decision in Heller v. District of Columbia did not address the question of whether the Second Amendment extends beyond the federal government and federal enclaves like the District. The case the court accepted Wednesday concerns the city of Chicago, which bans most handguns. In the Heller case, the court held for the first time that individuals have a right to gun ownership. Until then, the court had only recognized that the constitutional "right to keep and bear arms" protected a state's ability to maintain a militia. Other court precedents have held that the Second Amendment restricts only federal law, as was the case with most of the Bill of Rights. Through the years, the court has applied most of the amendments, but not all, to the states, a process called "incorporation." The Heller decision specifically left the question about the Second Amendment for another day. (*The Washington Post*, Sept. 30; www.washingtonpost.com)

Global

President Obama issued a major disaster declaration for the territory of American Samoa Tuesday evening, and the first U.S. relief flight to the tsunami-whipped Pacific islands was expected to touch down shortly after dawn Wednesday local time, or around 1 p.m. Eastern time, U.S. emergency officials said. The first C-130 cargo flight out of Hawaii is carrying supplies and emergency officials, and will be followed later Wednesday by a U.S. Navy frigate in the region and a second plane carrying food, water, medicine and medical supplies and personnel, said W. Craig Fugate, administrator of the Federal Emergency Management Agency. "Our focus is on life safety, life sustainment and getting resources in there to support the governor and his team," Fugate said in a telephone briefing with reporters, referring to Gov. Togiola Tulafono. An earthquake of a magnitude between 8.0 and 8.3 struck around dawn Tuesday local time about 120 miles from American Samoa, a section of the Samoa Islands that is home to 65,000 people. The quake sent a massive tsunami to the shores of Samoa and American Samoa, leaving at least 99 dead and dozens missing. Tulafono asked for food, water, temporary shelters and support for the territory main hospital, the LBJ Tropical Medical Center in Fagatogo, Fugate said. (*The Washington Post*, Sept. 30; www.washingtonpost.com)

Favorite TV Shows Will Soon Return to Dorms

▲ TV, page 1

mad that the channel had disappeared this Monday after they had access to it last week.

Other students didn't have the same reaction.

"I just don't really watch any of the shows on that channel," senior Gina Rhodes said.

If students are still not getting the CW, they should be able to get it by doing a channel scan on their television, according to McMahon.

For more information, go to apogee.umwblogs.org.



Jessica Masulli and Eric Steigleider/Bullet

Dorm Dining

Sloppy Joe in Seconds

Sloppy Joe in Seconds

Ingredients:

4oz (1/2 cup) leftover chicken or pork
1-2 Tbs barbecue sauce
1 hamburger bun

Directions:

Shred chicken*

Mix shredded chicken with barbecue sauce and microwave until warm

Spoon chicken mixture into a hamburger bun and serve



Beverly Scholnick/Bullet

By BEVERLY SCHOLNICK
Columnist

Cooking Tip:

Use leftover hamburger buns to make garlic bread by toasting the buns in a toaster oven or dry frying pan and then topping them with butter, garlic powder, and Italian seasoning.



How to shred chicken

Beverly Scholnick/Bullet

OSACS Threatens Extinction for Unregistered Clubs

▲ CLUBS, page 1

Club, Labor Rights Club and Students for Gender Equality.

Any club that has been crossed out on the posted flyers has completed the required paperwork and is no longer endangered.

Program Support Technician of OSACS Veronica Valento said the members of these clubs must fill out the required paperwork immediately.

"We let clubs have one year on non-participation, but after two years of not being a club, they have to come back to the ICA and write and entirely new constitution, rather than re-submitting paperwork," Valento said.

In order to verify an existing institutionally recognized club, or to start a new one, a request for network verification form must be completed. These forms can be found on Eaglelink, under the "University Life" tab. The form is one page long, and asks for information such as the name of the club, a brief description of purpose, as well as the contact information of the president and faculty advisor.

"To operate as a club on this campus, you

have to go through [OSACS]," Valento said.

As students graduate, clubs are left without leaders and officers that normally took care of the registration each year.

"Some people don't realize that with the change of hierarchy, their club hasn't been registered yet, and if they want to carry on, all they have to do is fill out a simple form," Valento said.

Junior Matt Motley is a member of the Breakers club, one of the clubs listed as endangered. According to Motley, the Breakers had completed with the paperwork requirements for this semester, but OSACS never received them.

"We actually already had filled it out... but I guess OSACS had misplaced it," Motley said. "It's kind of a normal thing for them (OSACS) to lose our stuff."

Junior Leann Taggart attended an event hosted by the Fashion International Club last year, another club listed on the endangered list. If the club is not registered this year, future events will not be possible.

"It was a lot of fun," Taggart said. "If they hosted another, I would go again."

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What's Up In Campus Dining?



Helping Hands Across America

NOVEMBER 12

Our fourth annual campus & community wide food drive is coming! We need volunteers to help organize collection efforts, distribute flyers, and act as witnesses for the weighing of donations. (We're trying to break a Guinness World Record!) To volunteer, e-mail Rose Benedict at rbenedic@umw.edu

Get To Know Us!

Meet Barbara Bailey, Retail Director

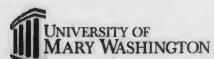
Barbara joined us as Retail Director in 2007, and in the last two years she has done a fabulous job of overseeing the Eagle's Nest, as well as the opening of our food service operations at the newly remodeled Underground. Barbara is a graduate of Stockton State University, and her extraordinary organizational skills and business acumen have certainly enhanced our operations. She is also committed to developing her staff and promoting them to supervisory and management positions, and several retail employees were just recently promoted!



UPCOMING EVENTS

- | | |
|----------------|---|
| October 1: | Oktoberfest Celebration! Seacobeck Hall, 11 AM to 1:30 PM.
Celebrate Oktoberfest with traditional German dishes for lunch! Our Red Hot Chef will prepare potato pancakes in the South Market! |
| October 2: | Karaoke! Late Night at the Nest. 11 PM to 1:30 AM |
| October 7: | Mex To the Max Features & Prize Drawing! South Market, 5 - 7 PM
Join us for our last Hispanic Heritage Month features, including Carna Guisada, from the recipes Chef Roberto Santibanez. Last chance to enter the prize drawing! Prizes include Target and Best Buy gift cards and a private dinner party for 10! Drawing will be held at 7 PM. Entrants must be present to win! |
| October 10-13: | Fall Break.
Dining facilities will be closed during Fall Break. Check our web site and signs in the dining facilities for specific closure and reopening times of each dining location. |

Go to our web site for more info! www.umwdining.com
Join our Facebook Group for special offers! "UMW Dining"



Sports



Fantasy Football Corner

By ZACH MORETTI
Staff Writer

Start Em:
QB- *Jay Cutler (Chicago):*

Has bounced back from a horrendous week 1 with two strong weeks in a row and this week he gets to go up against the Lions' defense.

RB- Matt Forte (Chicago): The perennial top-5 fantasy pick has overwhelmed to start the season, but he is due to explode for a big week against the Lions.



Courtesy of the Associated Press

Bears RB Matt Forte has started slow out of the gate, but the Lions terrible defense should help end his fantasy slump.

WR- Chad Ochocinco (Cincinnati): Ochocinco is coming off a down week, but he went up against a really good Pittsburgh defense. Look for him to rebound this week against the Browns.

TE- Dustin Keller (New York Jets): So far Keller has proved to be one of Rookie QB Mark Sanchez's favorite targets and he has a favorable match-up this week against the Saints.

K- Lawrence Tynes (New York Giants): Great matchup against a bad Kansas City defense so he should get chances.

DEF- Denver Broncos: If you didn't listen and add them last week, shame on you. They are the top scoring fantasy defense right now and they face off against a Cowboys team that might be missing their top two running backs.

Sit Em:

QB- Phillip Rivers (San Diego): Hasn't been great thus far and has a game at Pittsburgh against that great defense with the Steelers in need of a win.

RB- Ryan Grant (Packers): Going up against a strong Minnesota defense and their big run-stuffing DT's Kevin and Pat Williams.

Start Em:
QB- *Shaun Hill (49ers):*

who has already shut down Andre Johnson and Randy Moss this year, will be matched up against Colston this week. So look for QB Drew Brees to look elsewhere in the passing game.

TE- Kellen Winslow (Tampa Bay): The Bucs are going with an inexperienced QB and are facing a solid defense and a desperate Redskins team in need of a win.

K- Nate Kaeding (San Diego): He's been an excellent fantasy kicker this season, but a tough matchup for the Chargers offense on the road at Pittsburgh could limit his opportunities.

DEF- Dallas Cowboys: One good week isn't enough proof. They aren't reliable enough to play yet.

Add Em:

QB- Shaun Hill (49ers): Hill had a strong game this past week against a good Minnesota defense and he faces a bad Rams D this week, so he has a good chance to produce.

RB- Tashard Choice (Cowboys): Marion Barber is questionable with a quad injury, Felix Jones is already announced out with a knee injury, and Choice totaled 116 yards and a touchdown last week.

RB- Glenn Coffee (49ers): Coffee put up pedestrian numbers this past Sunday after Frank Gore went down, but San Francisco loves to run the ball and Gore will miss 3-4 weeks, so a solid long term add.

WR- Mike Sims-Walker (Jacksonville): After missing week 1, Sims-Walker put up 106 yards and a TD week 2 and followed that up with 81 yards receiving in week 3. He seems to be the



Courtesy of the Associated Press

Cowboys RB's Marion Barber and Felix Jones are being slowed by injuries, which opens the way for RB Tashard Choice (above) to put up big fantasy numbers.

Jags best weapon in the passing game and the upcoming schedule is favorable.

TE- Zach Miller (Oakland): Miller has been dropped in a lot of leagues after two bad weeks in a row. It isn't so much about Miller's talent as it is about Raiders QB JaMarcus Russell and his 39.8 QB rating. But with Houston on tap this week, Miller could put up big numbers.

K- Matt Prater (Broncos): Has been great so far this year and he faces a Cowboys defense that still has a lot to prove.

DEF- Cincinnati Bengals: The defense is much improved and they face a Cleveland team that is in the midst of a quarterback controversy and has an atrocious offense.

NFL Games of the Week:

Baltimore Ravens vs. New England Patriots (Sun. 1 p.m. on CBS)
The Ravens have been the best team in football in the early going while the Patriots and QB Tom Brady look to shake off the rust and convert back to their 2007 form.

New York Jets vs. New Orleans Saints (Sun. 4:15 p.m. on CBS)
The classic battle of a great defense squaring off against a great offense. The Jets defense is giving up just 11 points a game while the Saints offense is averaging 40 points per contest in their three games.

Green Bay Packers vs. Minnesota Vikings (Mon. 8:30 p.m. on ESPN)
Packers' legend and current Vikings QB Brett Favre faces off against his long time team for the first time in a prime time battle.



Courtesy of the Associated Press

Saints WR Marques Colston has put up great numbers this season. But this week he runs into Jets CB Darrelle Revis, which means he should be on your bench.

Impressive Debut for Women's Tennis

By ANDREW KADA
Staff Writer

This past Saturday through Monday the UMW women's tennis team competed in the Intercollegiate Tennis Association Regional Championships. The ITA Regional tournament featured the top NCAA Division III schools in the Atlantic South region and was hosted at UMW's Battleground tennis center.

The UMW women had several top performances including Michelle Meadows, who won the consolation championship of the championship singles flight, beating Jackie Burr of Salisbury University in the finals. Also in the championship flight, seventh seeded Courtney Goimarc advanced to the round of 16 after a pair of wins.

Other highlights from the weekend include singles wins from

For doubles matches, Goimarc and Schafer won a pair of matches, while Bowman and Malcolm, Jocelyn Lewis and Meadows, and Covington and Velardi each won matches as well.

UMW women's tennis has been hard at work since classes have begun with practices six days a week with a full regimen of training lasting roughly two and half hours at every practice. "We have played inner-squad singles and doubles challenge matches to prepare for tournament matches," said sophomore Michelle Meadows. Among other things the team has been working on foot speed, conditioning, shot selection and match play according to Head Coach Patrick Catullo.

Joining this year's roster is a talented flock of Eagles. In addition to five returning players from last year are four new athletes.

"Velardi and Covington have joined the team this year after competing on the club tennis team past years. Yudkin surprised us all with her talent when she came to try out this year and we are very excited about her addition to the team! Bowman was a recruit from last year who will definitely be a great asset to our team. I really look forward to seeing what these girls have to offer to our highly ranked tennis program!" commented sophomore Katie Schafer.

Although the team was highly successful this past weekend, they haven't forgotten that it requires constant improvement to be the best. "I believe our team had an awesome tournament... Although we put in a lot of effort, I think our team can always learn from our losses and improve for our next challenges," Schafer said.

"The team without a doubt is capable of remaining one of the best teams in the country... There is great chemistry within the group and everyone is working very hard to make the team better and be in top form for the start of the spring season," added Catullo.

This spring UMW women's tennis looks to capture the CAC



Courtesy of Clint Often

Sophomore Michelle Meadows was part of a strong UMW showing in the ITA Regional tournament.

conference title for the seventh straight year and making a run for the NCAA DIII National title. "We are playing five teams ranked in the top 10 (nationally) this coming spring that I think we are talented enough to beat," said Schafer.

The team will next be competing in their final Fall tournament this weekend at Old Dominion University in Virginia Beach against a competitive field of exclusively Division I schools.

"We are only going to get more successful from here on out and we hope that everyone at UMW can come out to support us!" Meadows said.

In Case You Missed It...

Results and Scores From the Past Week

Volleyball: 4-0 (3-0, 3-0, 3-0, 3-1)

Women's Soccer: 2-0-1 (1-1, 9-1, 6-2)

Field Hockey: 1-2 (1-2, 4-3, 1-2)

Men's Soccer: 3-0 (7-0, 2-1, 1-0)

Sports

Zorn on the Hot Seat

By ZACH MORETTI
Staff Writer

December 27, 2007. That was the last time the Detroit Lions won

an NFL regular season game. The Lions were 0-19 since that late December victory over the Kansas City Chiefs and during their 19-game-losing streak Detroit was outscored 623-321. But all that was wiped away last Sunday when the Lions got off the slide and defeated the Washington Redskins 19-14.

The Redskins loss to the lowly Lions have many clamoring for Washington head coach Jim Zorn to be fired. Zorn wasn't exactly the first choice to be the Redskins' head coach after Hall of Famer Joe Gibbs retired following the 2007 season. Actually, Zorn was originally hired to serve as the Redskins' offensive coordinator and was later promoted to head coach after more desired candidates turned down the position.

The loss to Detroit was bad, but it isn't the lone reason Washington fans want Zorn out, it was simply the tipping point. The Redskins won an ugly 9-7 game the previous week against a bad St. Louis Rams team and they failed to punch it into the end-zone despite three 1st and goal opportunities. The team also struggled mightily in the season opener against the New York Giants, with their only touchdowns coming on a fake field goal that was ran in for six and a late touchdown pass with the Giants sitting back in the prevent-defense with the game well in hand.

But the problems date back to Zorn's first season with the team. Washington got off to a great 6-2 start and they were tied with the second best record in the NFC. However they crumbled in their final eight games, going just 2-6, averaging a measly 12.5 points a game and missed the playoffs. Not only that, but the Redskins suffered embarrassing losses to the St. Louis Rams and the Cincinnati Bengals, two teams that combined for a 6-25-1 record in 2008.

Another thing to note is that Zorn was hired because it was thought that he had a great offensive mind and would help the Redskins put up big point totals. Well Washington has played 19 games in the Zorn era, averaging just over 16 points a game and they have yet to put up 30 points in a game. In that same span of games, only four teams average

fewer points per game than the Redskins (Cincinnati, St. Louis, Cleveland, and Oakland) and only one other team has failed to reach 30 points in a game (Detroit).

Yet despite the fact that things haven't worked out as team owner Dan Snyder had planned, it will be tough for him to fire Zorn in the middle of the season. The problem is that Zorn isn't just the Redskins' head coach, but he is also the team's quarterbacks coach and offensive coordinator. Therefore if the team fires him, they would need to hire three new coaches to fill all of Zorn's roles. With the thought being that the Redskins will want to try and convince a veteran coach such as Mike Shanahan or Bill Cowher to coach the team in 2010, it seems unlikely that they will be able to fire Zorn until the end of the year because he simply has too many positions and it is difficult to have a new head coach come in and not have him pick his staff of coaches.

Therefore, despite how angry fans are and how they want action to be taken, it seems that they will have to deal with Zorn in control for at least 13 more games. And unless the team makes a drastic turnaround and puts it together, their will certainly be a new man in charge when the 2010 season kicks off.

Redskins Upcoming Games

- 10/4: WAS vs. Tampa Bay Buccaneers
- 10/11: WAS @ Carolina Panthers
- 10/18: WAS vs. Kansas City Chiefs
- 10/23: WAS vs. Philadelphia Eagles



Courtesy of the Associated Press

Unless things drastically change, it appears that Redskins head coach Jim Zorn will be coaching somewhere else when the 2010 football season begins.

Swim Team's Season Under Way With 'Blue and Grey Battle Royale'

By TRICIA ELLIOTT
Staff Writer

On Saturday afternoon, the walls around Goolrick pool were decked to the nines in posters screaming "Go Big Blue" or "Break out the Grey," marking the arena of the UMW Swim Team's annual Blue and Grey Battle Royale.

This inter-house competition is the first meet of the season for Eagles' Swimming and it has been for recent years.

"It is really our season kick-off. It gets the swimmers in a racing and competitive mindset, and it gives me a good idea as to where my swimmers are so I can think strategy and come up with a game-plan for the year," said coach Matt Sellman.

This meet also tends to coincide with Family Weekend. Assistant Coach Kevin Malloy said this is great for the swimmers, especially freshmen, because their parents can attend their first competitive event, and possible the only one for students and parents who live farther away.

The swimmers were amped and ready to compete for bragging rights. The winning team would be decided based on who accumulated the lowest number of seconds for the duration of the meet.

The event started with 100 Individual Medleys, then 50s of all four strokes (back, breast, butterfly, and free), before ending with a free-style team relay. The winners of each heat provided their prospective team with a slight time advantage and were well-praised by their teammates who lined the edges of the pool.

In the end, the Blue team triumphed by a 1 second margin at 2'44"31 to 2'43"25. And while the Blue team may deny it, the meet wasn't just about earning the right to rag on their teammates for the whole year.

As sophomore Austin Clark put it, "It shows me where I need to focus, where I need to focus my attention."

Needless to say, this meet has provided the UMW Eagles' with a good start to what will hopefully be a great season. The Eagles' first legitimate meet of the season will be this Saturday, Oct. 2nd at the Potomac Valley Relays.

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Courtesy of Tricia Elliott

The Blue team was triumphant in the Battle Royale, but both squads can take away important things to help them for the remainder of the season.

Mother's Rugby Knocks Off VCU

By ANDREW KADA
Staff Writer

This past Saturday the University of Mary Washington Mother's Rugby team traveled to Richmond to take on Virginia Commonwealth University. The team was victorious with a final

score of UMW 11 and VCU 3.

As a big strong team, VCU came out hoping to win the scrums and dictate play through grinding pack play and tight defense; but it soon became evident that the Mothers had something else in mind. Despite missing some key players from the forwards and backs, the team showed strong cohesion and dictated play from the first punishing tackle to the final whistle.

Strong line-out steals were made by seniors Ryan Payne, Michael Schmidt, Matt Amrod, junior Tito Garcia and sophomore Connor O'Hara which set the tone with quick and decisive tackles that shut down the VCU game plan and sparked a solid defensive

game.

Junior Henry Jones and senior captain Scott Hoffmann orchestrated great backline play, supported by juniors Fitz Maro, Tristian Sonnett, Connor Kantwill and Mark Rhines.

VCU was under constant pressure with over 80 percent of game play in their defensive half forcing them to frequently kick the ball away to junior fullback Kyle Hoffmann, who was able to produce multiple offensive counters against the kicks.

Following a questionable call that overturned a try for 5 points, the Mothers were forced to settle for a place kick to solidify their 8 point win, and bring their season to a 3-0 overall record, 2-0 in Division II play.

The Mothers have had a very successful season thus far, but are dedicating more time and effort than ever for what's next on their agenda. "Our spirit and will is in 100%, but it is the small errors so far that have kept us from pulling away with a large lead. These flaws can and will be fixed easily in practice, and will be shown in the William and Mary game this Saturday," said junior Harrison.

"We are feeling quite confident, but are keeping our heads in the game and not letting our record affect our outlook; William and Mary is a great school and is always capable of being a formidable adversary," added Maro.



Courtesy of Fitz Maro

Junior Fitz Maro lines up a tackle against VCU back on Sep. 26th. UMW went on to win the match 11-3.

In other rugby news, the Mother's have just announced their team wide tour of Ireland this coming spring break. Joining current team members will be alumni from as far back as 1991 as well as prospective players. The team will spend seven days abroad, playing against Ireland's finest universities, attending professional matches, and touring the historical country.

"It is a once in a lifetime opportunity to do this, and I couldn't imagine doing it with any better company. The fact that we'll be going head to head with teams founded in the 1880s is something that I could have never imagined I'd get to do, and the setting is only going to make it better," commented Maro.

The UMW Mother's Rugby team has always been able to attribute their success to their teamwork, commitment, and loyalty to the sport. "Being a player for the team always makes me feel very proud; wearing crest is something that I'd never be ashamed to do. Most students know how hard we're working day in and day out. We always encourage prospective players to come out to practices," said Maro.

This Saturday's game against the college of William & Mary will be hosted by UMW at the Battleground rugby pitch at 1 p.m. and all UMW Eagles are encouraged to come out and support the Mother's.